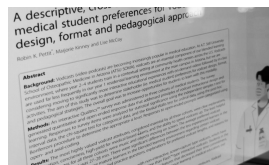




**STUDENT SPECTRUM
EDITORS & SRF
AWARDS**



**CASE REPORT
WRITING SESSIONS
FOR MBBS & BDS**



**RESEARCH &
SYNOPSIS WRITING
WEBINARS**



SPSS WORKSHOP

NEWSLETTER



Student Research Forum (SRF)

Founded in 2021, Student Research Forum (SRF) is a student-led academic initiative affiliated with Islamabad Medical & Dental College (IMDC) and its teaching hospital, Akbar Niazi Teaching Hospital (ANTH).

SRF is dedicated to promoting a strong research culture among medical students through webinars, workshops, academic events and accessible learning resources. We aim to simplify research concepts, provide practical guidance on research fundamentals and encourage students to develop critical thinking, analytical skills and academic confidence.

Through collaborative learning and mentorship, SRF supports students throughout their medical journey and inspires future clinicians and researchers to actively engage in evidence-based medicine and scientific inquiry.



Student Spectrum Editors
& SRF Awards



1st Year MBBS:
Introduction to Scientific Writing

Student Spectrum Editors & SRF Awards

5th March

On 5th March, SRF held its first major campus event of the semester: the Student Spectrum Editors & SRF Awards. This occasion brought together members of the SRF community along with student editors of the Student Spectrum publication — the official student research and writing journal at Islamabad Medical & Dental College. During the session, editors shared insights into their editorial processes and experiences curating scientific and clinical articles, illustrating how student publications contribute to academic discourse. Following this, the forum recognised outstanding contributions from SRF members through an award ceremony that celebrated leadership, research initiative, and creative scholarly engagement. The event fostered pride in academic achievement and encouraged peers to get involved in writing and research dissemination efforts.

1st Year MBBS: Introduction to Scientific Writing

6th March

The following day, SRF hosted a foundational workshop designed specifically for First Year MBBS students titled Introduction to Scientific Writing. This session introduced novices to the principles of academic writing, including how to structure research reports, develop clear scientific arguments, and engage with literature critically. The workshop blended interactive teaching with examples so that early learners could grasp the essentials of scholarly communication. Participants were guided through common components of research reports, enhancing their confidence to eventually contribute their own case reports, reviews, or academic summaries.

1st Year BDS: Case Report Writing in IDH

9th March

On 9th March, SRF organised another targeted learning session, this time for First Year BDS students focused on Case Report Writing at Islamabad Dental Hospital (IDH). This on-campus activity offered students hands-on exposure to the process of identifying clinically relevant cases, documenting findings, and translating them into formal case report formats. Faculty and senior student mentors demonstrated the practical steps in choosing cases, structuring narratives, and ensuring ethical considerations in publishing clinical observations. By contextualising theory with real clinical examples, the session helped orientation students build foundational skills that will support future research involvement.

Ambassador Recruitment Programme Initiated

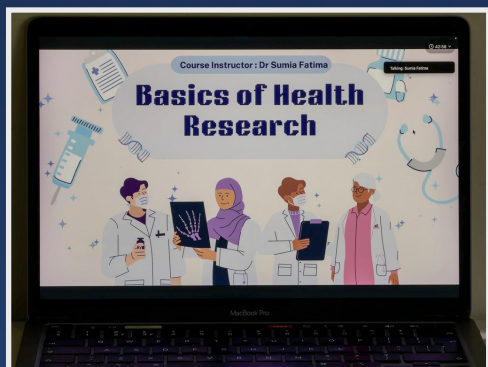
31st March

Towards the end of March, the Student Research Forum launched its Ambassador Recruitment Programme to expand SRF's outreach by enlisting motivated student ambassadors from within and beyond IMDC. The programme received an overwhelming response, with over 70 students from 25 medical colleges across Pakistan applying. Following a competitive selection process, the individuals featured here were selected as SRF Ambassadors. Ambassadors act as local SRF representatives, helping disseminate information about research opportunities, upcoming educational events, and community engagements across their institutions. Through this programme, SRF aims to strengthen peer-to-peer academic support, build a scalable student research network, and ensure consistent engagement with research activities across the medical student community.



1st Year BDS:
Case Report Writing in IDH





From Hypothesis to Methodology:
A Beginner's Guide to Research



1st Year MBBS:
Case Report Writing Session at ANTH

From Hypothesis to Methodology: A Beginner's Guide to Research Webinar

11th April

On 11th April, SRF conducted its first major webinar of the academic term, titled From Hypothesis to Methodology: A Beginner's Guide to Research. Led by Dr. Sumia Fatima, the session attracted over 400 participants and provided a structured roadmap from formulating research questions to selecting appropriate research methodologies. Attendees explored the principles of research design, learned to align study objectives with suitable methods, and gained practical insights to confidently begin developing research proposals and projects.

1st Year MBBS Case Report Writing Session at ANTH

16th April

The Student Research Forum (SRF), in collaboration with Student Spectrum, organised a Case Report Writing Session for 1st Year MBBS students at Dr. Akbar Niazi Teaching Hospital (ANTH) under the supervision of Prof. Dr. Asma Irfan. Students were divided into groups and assigned to the Medicine, Paediatrics, Surgery, and Gynaecology wards, where they were introduced to patient history taking and the fundamentals of case report writing. Guided by SRF and Student Spectrum mentors, each group interacted with patients, obtained clinical histories, and prepared case reports based on their assigned cases. The session provided students with valuable early exposure to both the clinical and research aspects of medicine.

Launch of the SRF Research Mentorship Programme

29th April

Under the guidance of Prof. Dr. Asma Irfan, the Student Research Forum (SRF) launched its Research Mentorship Programme, welcoming students from IMDC and medical colleges across Pakistan. The programme is currently progressing strongly, with over 20 mentees organised into five research groups, each representing different areas of interest and guided by a dedicated mentor who is an IMDC graduate with a strong research background. Through this initiative, students collaborate on research projects and publications while receiving structured guidance in research methodology, scientific writing, and the publication process, reflecting SRF's commitment to fostering a strong culture of student-led research and academic excellence.

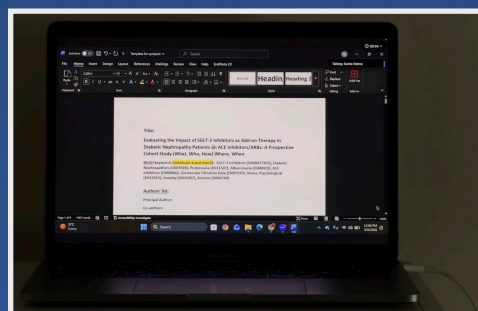
From Idea to Approval: Crafting a Strong Medical Synopsis

9th May

SRF successfully conducted its second webinar, "From Idea to Approval: Crafting a Strong Medical Synopsis," led by Dr. Sumia Fatima. The session brought together participants from IMDC and numerous medical colleges across Pakistan. The webinar focused on synopsis writing, research methodology, proposal development, and academic writing, providing students with a practical understanding of the research process. Through an interactive format, participants gained valuable insights into transforming research ideas into well-structured academic projects. To support continued learning, educational materials and a recording of the session were made available to participants.



1st Year MBBS:
Case Report Writing Session at ANTH



From Idea to Approval:
Crafting a Strong Medical Synopsis



2nd Year MBBS: Case Report Writing Introductory Session



2nd Year MBBS: Case Report Writing Sessions at ANTH

2nd Year MBBS Case Report Writing Introductory Session

20 May

The Student Research Forum (SRF) conducted a Case Report Writing Introductory Session for 2nd Year MBBS students, led by Xainab Mubashir, Director of the Education and Workshop Wing. The session introduced students to the structure, purpose, and academic significance of case reports while highlighting their role in clinical documentation and medical literature. Participants also received practical guidance on organising and presenting case reports effectively. The interactive session aimed to strengthen students' understanding of scientific writing and prepare them for upcoming hands-on clinical activities.

2nd Year MBBS Case Report Writing Sessions at ANTH

21–22 May

Following the introductory workshop, SRF, in collaboration with Student Spectrum, conducted practical Case Report Writing Sessions for 2nd Year MBBS students at Dr. Akbar Niazi Teaching Hospital (ANTH). Students were divided into groups and guided by mentors as they visited the Medicine, Surgery, Paediatrics, and Gynaecology wards. Participants interacted with patients, obtained clinical histories, and translated their observations into structured case reports. The activity provided valuable hands-on experience in clinical documentation and medical writing, allowing students to apply theoretical knowledge in a real clinical setting while fostering early engagement with research and academic medicine and engage with literature critically. The workshop blended interactive teaching with examples so that early learners could grasp the essentials of scholarly communication.

Participants were guided through common components of research reports, enhancing their confidence to eventually contribute their own case reports, reviews, or academic summaries.

SPSS Workshop

19th June

On 19th June 2026, the Student Research Forum successfully organised the SPSS & Statistics in Research Workshop, conducted by Mr. Muhammad Afzal (MPhil Applied Statistics, MSc Biostatistics), Senior Biostatistician and Medical Research Trainer at SZABMU, Islamabad.

The workshop provided students with valuable insights into SPSS through interactive sessions and hands-on training, equipping them with essential statistical skills for research.

CREDITS

Newsletter Design & Production

Waleeja Nasir

(MBBS 3rd Year; Director of Media)

Written Content

Abdul Rafay Shahzad & Munaim Ashb

(MBBS 5th Year; Directors of Communication)

Event Photography & Posters

SRF Media Team - Honorary mentions:

Nabihah Javaid Khan & Laiba Afzal Khan (BDS 2nd Year) Jawad Hassan Khan (MBBS 2nd Year)

SOCIALS

Email: srs@imdcollge.edu.pk

Instagram: @srf.imdc

Linkedin: @student-research-forum-srf-imdc

YouTube: @SRF-IMDC



SPSS Workshop

EXECUTIVE COUNCIL 2026



Executives (L →R): Mr. Yasir Niazi (Patron in Chief), Prof. Dr. Asma Irfan (Faculty Head), Dr. Saira Safdar (Faculty Member)

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